

# NURSES & CARE STAFF



*Through the FLU thanks to YOU*



## *Stay vaccinated*

- The annual influenza vaccine is the best way to protect yourself and your clients



## *Practice cough & sneeze etiquette*

- Cover your mouth and nose when coughing/sneezing and dispose of used tissues



## *Practice infection control*

- Follow your workplace procedures relating to infection control and wash your hands with soap and water or use the provided dispensers.



## *Follow policy if you are sick*

- If you have a cough or flu-like symptoms, coming to work may put others at risk. Check with you supervisor if unsure.