

21/04/2017

Dear Valued Client,

Providing clinical care for residents with diabetes represents one of the most challenging aspects of Quality Use of Medicines within the aged care setting.

This quarter's QUM Priority Topic is on the '**Management of Hypoglycaemia**'.

As a focus for our team of clinical pharmacists, this quarter's Topic comprises of the following approach:

- ✓ A QUM Poster on the 'Management of Hypoglycaemia' (click on the link to view and print).
 - This resource is designed for MAC discussion, nurse/GP dissemination and placement in treatment rooms for easy reference.
 - The poster reflects a simplified flow-chart to help direct nurse intervention when caring for a resident who is experiencing a BGL of below 4mmol.
- ✓ A blank 'QUM Priority' RMMR referral form to target diabetic residents at risk of medication misadventure or adverse health outcomes.

Medicare will fund a Changed Circumstances RMMR service for the following scenarios:

 - The resident's diabetes therapy has been adjusted within the past 3 months;
 - BSLs have been unstable or outside of desirable parameters;
 - The resident has experienced hypoglycaemia within the past 3 months.
- ✓ We will also coordinate with GPs referrals for residents who are treated for diabetes and who have not had a recent RMMR (within the past 12 months).
- ✓ An eNewsletter on the topic will be distributed to all client managers and any clinical staff who have signed-up to the service.

Additional Resources:

- ✓ On-site pharmacist in-services are available on the following '**QUM Blast**' topics (click on the link to view the associated printable PDF handout):
 - *Diabetes*
 - *Insulins*
 - *Lantus*
 - *Metformin*
- ✓ Online CPD (~1 – 1.5 CPD points with certificate) via our **TLC Hub** training portal:
 - *Diabetes Management in Aged Care*
- ✓ PDF printable resources available via the below links:
 - *The McKellar Guidelines for Managing Older People with Diabetes*
 - *Diabetes Management in Aged Care: A Practical Handbook*
 - *Diabetes Management in Aged Care: Fast Facts for Care Workers*

We hope you will find this integrated approach to our RMMR and QUM service to be a beneficial add-on to your usual efforts in providing quality clinical care for residents with diabetes.

If you require any further support please do not hesitate to contact me or one of our team.

Kind Regards,
Michael