

# Guide for Nurses & Doctors

## Benchmarking analysis now appearing in RMMR reports

- ✓ Provides the GP and health team with a quick 'snapshot' of the resident's medication regimen and an objective score related to the following key Quality Use of Medicines (QUM) indicators:
  - Anticholinergic Cognitive Burden (ACB) Scale
  - Psychotropic burden score
  - Polypharmacy burden score
- ✓ The key QUM indicators/scores for the resident are benchmarked against:
  - The average for the resident's facility/RACF
  - The average for that facility's organisation/GROUP
  - The average for Choice Aged Care's client base of ~25,000 active resident profiles.

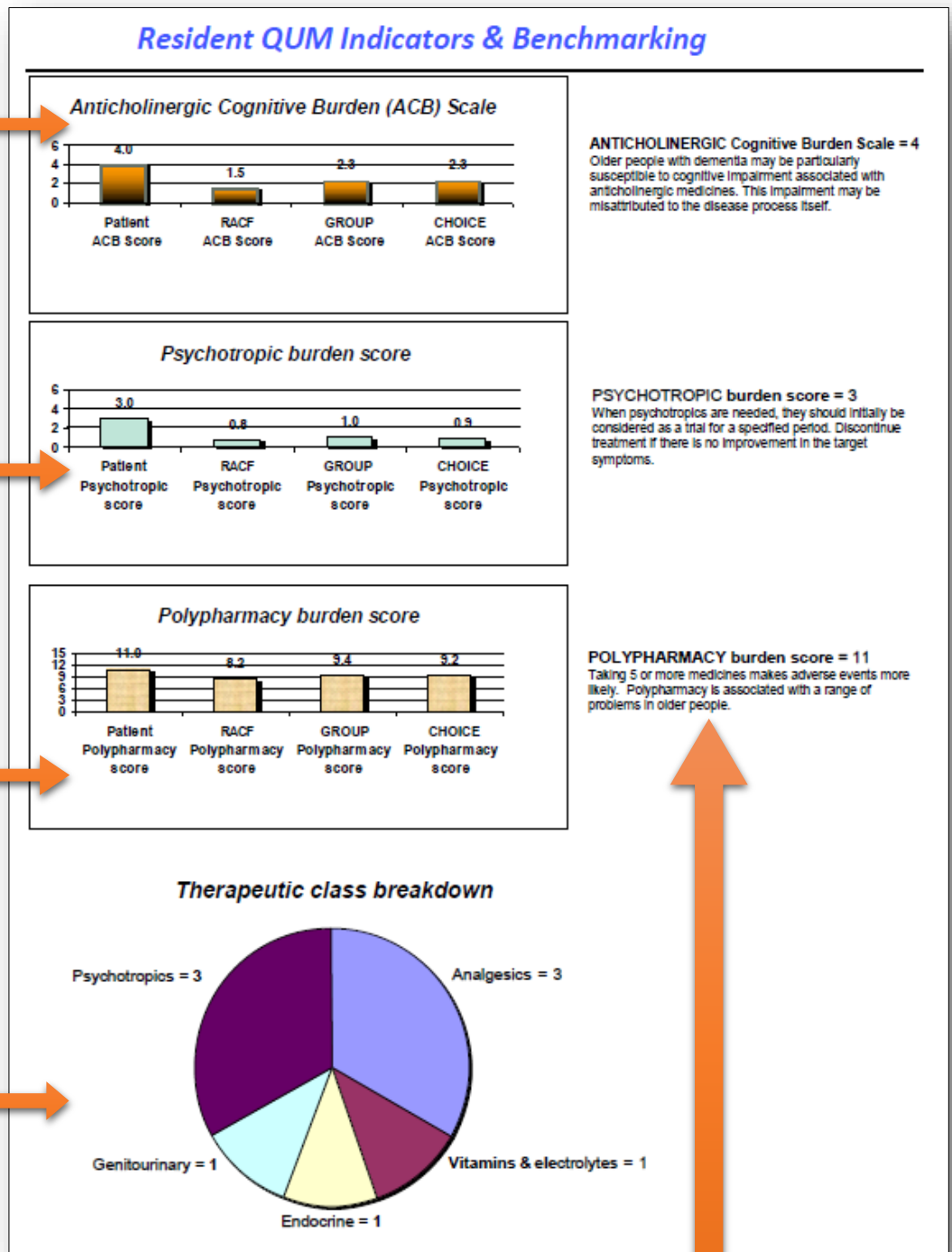


**Anticholinergic Cognitive Burden (ACB) Scale:** Each drug has a ACB Scale score, ranging from 0 to 3. The resident's score is their cumulative total. Higher scores = a higher risk of anticholinergic related side effects.

**Psychotropic burden score =** The number of psychotropics (antipsychotics, benzodiazepines & antidepressants) a resident receives. Psychotropic use in aged care has been the subject of a recent Senate Enquiry.

**Polypharmacy burden score =** The number of regular therapeutic agents a resident receives. Evidence suggests a direct correlation between polypharmacy and medication related problems.

**Therapeutic class breakdown =** A depiction of the resident's therapeutic priorities as shown by the proportion of different pharmacotherapeutic classes.



Each QUM indicator includes a specific statement related to the resident's score